

CURRICULUM VITAE



Personal details

Name: Konstantinos Farsalinos, MD, MPH

Date and place of birth: 21 March 1975, Lamia, Greece

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Physician, Public Health scientist, expert on smoking and tobacco harm reduction.

Affiliations

- Adjunct Professor, King Abdulaziz University, Jeddah, Saudi Arabia.
- Senior Researcher, Laboratory of Molecular Biology and Immunology, Department of Pharmacology, University of Patras, Greece.
- Senior Researcher, School of Public Health, Department of Public and Community Health, University of West Attica, Greece
- Senior Researcher, Data & Media Lab, University of Peloponnese, Greece.

Education-Training-Medical practice

- 1992-1998: Medicine, 3rd Medical Faculty, Charles University, Prague, Czech Republic.
- 2000: GP training at Lamia General Hospital, equivalent to S.H.O. grade (3 months)
- 2000-2002: GP-equivalent practice at rural area of Martino and health center of Atalanti (18 months).
- 2002-2004: Resident in department of Internal Medicine, Kastoria General Hospital (2 years training in Internal Medicine).

- 2004-2005: Fellow in department of Internal Medicine-Cardiology clinic, Kastoria General Hospital (16 months, duties equivalent to resident).
- 2006-2007: Military service, working as a physician in military camps in the island of Kos and in Kastoria (9 months).
- 2007-2008: Resident in Cardiology, Cardiology Clinic of Sitia General Hospital-Crete (7 months).
- 2008-2011: Resident in Cardiology, Department of Cardiology, Onassis Cardiac Surgery Center-Athens Greece (41 months, completed my training in cardiology).
- 2011-2020: Research fellow, department of Cardiology, Onassis Cardiac Surgery Center.
- 2013-2014: Clinical Observer and Researcher, Department of Cardiovascular Diseases, Medical Imaging Research Center, University Hospital Gathuisberg, Leuven-Belgium.
- 2014-present: Senior Researcher, Laboratory of Molecular Biology and Immunology, Department of Pharmacology, University of Patras, Greece
- 2017-present: Senior Researcher, Research and Teaching Fellow, National School of Public Health, Athens, Greece (now School of Public Health, Department of Public and Community Health, University of West Attica).
- 2018: Master of Public Health (MPH), University of Patras Medical School.

- 2019-present: Adjunct Professor, King Abdulaziz University, Jeddah, Saudi Arabia.
- 2020-present: Senior Researcher, Data & Media Lab, University of Peloponnese, Greece.

Research Interests

Main research interests: smoking, tobacco harm reduction, cannabis use, electronic cigarettes, heated tobacco products, cardiology and cardiovascular imaging.

In detail

- Imaging in coronary artery and valve disease, myocardial function, myocardial deformation, coronary flow velocity, heart transplantation.
- Main researcher in “Intervendor Study” (joint project of American Society of Echocardiography and European Association of Cardiovascular Imaging)
- *Research on smoking and tobacco harm reduction (electronic cigarettes, heated tobacco products), focusing on laboratory, clinical, epidemiological and policy perspectives.*
- Recognized as one of the most prominent researchers in the field of electronic cigarettes according to a published bibliometric analysis (see: [Zyoud et al. Worldwide research productivity in the field of](#)

[electronic cigarette: a bibliometric analysis. BMC Public Health 2014;14:667](#)).

- One of the very few scientists who have performed and published independent (not funded by any commercial interest) research on heated tobacco products.
- Outstanding scientific advocate award at GFN 2019 conference, awarded by INNCO.
- **Highly Cited Researcher 2019** awarded by Web of Science (Clarivate Analytics). Top 0.1% scientist (6200 out of 9 million analyzed) with the highest global impact in scientific research over the period from 2008 to 2018 in 21 science fields.

Experience in echocardiography

Worked as a cardiology resident and fellow at the 2nd Echocardiography Laboratory of Onassis Cardiac Surgery Center, under supervision of Dr Dimitris Tsiapras (former president of Echocardiography Working Group of Hellenic Society of Cardiology), for 18 months. The laboratory is involved in imaging of all aspects of cardiovascular disease, and performs transesophageal and stress echocardiograms on a daily basis. Onassis Cardiac Surgery Center is the only heart-transplantation center in Greece.

- Experience with the use of GE VIVID 7, GE S6, GE Vivid-i and HP (Philips) SONOS 7500 ultrasound machines.

- Familiar with the use of Echopac software for offline analysis of echocardiographic exams, including strain and strain rate imaging by 2-D speckle tracking.
- Experience with image acquisition and myocardial deformation analysis with Aloka-Hitachi, General Electric, Esaote, Philips, Samsung, Siemens and Toshiba echocardiographic machines and software, and with Tom-Tec and Epsilon vendor-nonspecific software (Intervendor Study).
- Performed echocardiographic exams covering all aspects of cardiovascular disease, including heart-transplant recipients and patients with ventricular-assist devices.
- Accredited in transthoracic echocardiography by the European Association of Echocardiography (2012).
- Member of the European Association of Echocardiography.
- Member of the American Society of Echocardiography.
- Received scholarship from Hellenic Society of Cardiology for postgraduate education and research, 2013 (worked at Catholic University of Leuven, Belgium).

Experience in tobacco harm reduction

- Research coordinator and principle investigator in a variety of clinical, laboratory and population studies on electronic cigarettes.
- Performed the first ever studies evaluating the acute effects of electronic cigarette use on myocardial and arterial function.

- Performed the first ever studies evaluating the effects of electronic cigarette aerosol exposure on cultured cells.
- Performed the first ever studies evaluating electronic cigarette use topography in experienced consumers.
- Performed the largest survey on characteristics, patterns of use, benefits and side effects of electronic cigarette use in dedicated consumers (19,441 participants).
- Performed the only published study evaluating the effect of flavors variability in electronic cigarette use perceived experience.
- First author in the first scientific literature review on electronic cigarette safety/risk profile (2014).
- Coordinated and performed the first and only detailed assessment of electronic cigarette use in the Greek population.
- Analyzed major European and US population surveys, focusing on examining patterns of e-cigarette use and smoking (Eurobarometer, National Health Interview Survey, National Youth Tobacco Survey, Behavioral Risk Factor Surveillance System).
- As of late 2020, more than 95 publications in peer-reviewed international scientific journals about smoking, tobacco harm reduction and nicotine products.
- H-index: 37 (Google Scholar, as of November 27, 2020). Cited 5779 times since 2015.

- Handling editor and author of the first scientific book on electronic cigarettes titles “Analytical Assessment of E-Cigarettes”, published by Elsevier.
- Author of a chapter in 2 editions of a German book on e-cigarettes.

Research and educational activities

Research (publications and conference abstracts-posters)

1. P. Cokkinos, E. Papadopoulou, C. Doulaptsis, A. Gkouziouta, **K. Farsalinos**, V. Voudris. Survival from inpatients cardiac arrest in a referral hospital for cardiology and cardiac surgery. Resuscitation 2010; 81(suppl):S34.
2. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, E. Avramidou, D. Vasilopoulou, V. Voudris. Acute and chronic effects of smoking on left ventricular early diastolic function: a two-dimensional speckle-tracking study in healthy subjects. Eur J Echocardiogr 2011; 12(suppl):ii187.
3. **K. Farsalinos**, I. Trikilis, A. Spyrou, M. Savvopoulou, A. Kostopoulou, E. Livanis, V. Voudris. Comparison of knowledge level about anticoagulation therapy between atrial fibrillation and prosthetic heart valve patients and its' relation to INR goal attainment. J Am Coll Cardiol 2012;59:1701.

4. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, E. Avramidou, D. Vassilopoulou, V. Voudris. Delayed left ventricular relaxation due to smoking in healthy subjects: a strain-imaging study. *J Am Coll Cardiol* 2012;59:1293.
5. **K. Farsalinos**, I. Trikilis, A. Kostopoulou, A. Spyrou, E. Livanis, V. Voudris. Value of routine potassium measurement for the detection of hypokalemia in uncontrolled hypertensive patients on diuretic therapy. *Eur J Prev Cardiol* 2012;19(suppl 1): S13.
6. **K. Farsalinos**, I. Trikilis, A. Spyrou, A. Kostopoulou, M. Savvopoulou, V. Voudris. Assessment of knowledge level about anticoagulation therapy in patients with atrial fibrillation and its' relation to INR goal attainment. *Eur J Prev Cardiol* 2012;19(suppl 1):S124. (Judges' choice-top 50 abstracts of EuroPREvent 2012).
7. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, E. Avramidou, D. Vasilopoulou, V. Voudris. Acute smoking inhalation impairs left ventricular relaxation in healthy young individuals: a 2-D speckle-tracking echocardiography study. *Eur J Prev Cardiol* 2012;19(suppl 1):S41.
8. P. Cokkinos, E. Papadopoulou, A. Gkouziouta, **K. Farsalinos**, V. Voudris, DV Cokkinos. Survival from inpatient cardiac arrest in a

referral hospital for cardiology and cardiac surgery. *Eur Heart J* 2012;33(Abstract Supplement):700.

9. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, M. Savvopoulou, E. Avramidou, D. Vassilopoulou, V. Voudris. Acute effects of using an electronic nicotine-delivery device (e-cigarette) on myocardial function: comparison with the effects of regular cigarettes. *Eur Heart J* 2012;33(Abstract Supplement):203 (oral presentation and press conference).
10. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, E. Avramidou, D. Vassilopoulou, V. Voudris. Chronic and acute smoking-induced impairment in longitudinal myocardial function: a strain-imaging study in healthy young smokers. *Eur Heart J* 2012;33(Abstract Supplement):721-722.
11. G. Romagna, E. Alliffranchini, E. Bocchieto, S. Todeshi, M. Esposito, **K. Farsalinos**. Cytotoxicity of electronic cigarette vapor extract on cultured mammalian fibroblasts (ClearStream-LIFE project): comparison with tobacco smoke extract. XIV Annual Meeting of the Society for Research on Nicotine and Tobacco, 2012, Finland.
12. G. Romagna, L. Zabarini, L. Barbiero, E. Bocchieto, S. Todeshi, E. Caravati, D. Foster, **K. Farsalinos**. Characterization of chemicals released to the environment by electronic cigarettes use

(ClearStream-AIR project): is passive vaping a reality? XIV Annual Meeting of the Society for Research on Nicotine and Tobacco, 2012, Finland.

13. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, E. Avramidou, D. Vassilopoulou, V. Voudris. Effects of cigarette smoking on coronary blood flow in healthy young smokers: a Doppler echocardiographic study. EUROECHO 2012 (accepted as a poster presentation)
14. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, V. Voudris. Acute and chronic effects of smoking on myocardial function in healthy heavy smokers: a study of Doppler flow, Doppler tissue velocity and two-dimensional speckle tracking echocardiography. *Echocardiography* 2013;30:285-292.
15. **K. Farsalinos**, G. Romagna. Chronic idiopathic neutrophilia in a smoker, relieved after smoking cessation with the use of electronic cigarette: a case report. *Clin Med Insights Case Rep* 2013;6:15-21.
16. G. Romagna, E. Alliffranchini, E. Bocchietto, S. Todeschi, M. Esposito, **K. Farsalinos**. Cytotoxicity evaluation of electronic cigarette vapour extract on cultured mammalian fibroblasts (ClearStream-LIFE): comparison with tobacco cigarette smoke extract. *Inhal Toxicol* 2013;25:354-361.

17. **Farsalinos KE**, Romagna G, Tsiapras D, Kyrzopoulos S, Voudris V. Evaluation of electronic cigarette use (vaping) topography and estimation of liquid consumption: implications for research protocol standards definition and for public health authorities' regulation. *Int J Environ Res Public Health* 2013;10:2500-2514.
18. **Farsalinos KE**, Romagna G, Tsiapras D, Kyrzopoulos S, Voudris V. Evaluating nicotine levels selection and patterns of electronic cigarette use in a group of “vapers” who had achieved complete substitution of smoking. *Subst Abuse* 2013;7:139-146.
19. Kostopoulou, E. Livanis, P. Kourkovei, **K. Farsalinos**, J. Rassias, G. Theodorakis. Ectopic electrical activity in right atrial veins of patients with atrial fibrillation undergoing pulmonary vein ablation; prevalence and patients characteristics. *Europace* 2013;15 (suppl 2):ii227-ii269.
20. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, C. Stefopoulos, A. Spyrou, M. Tsakalou, E. Avramidou, D. Vasilopoulou, G. Romagna, V. Voudris. Immediate effects of electronic cigarette use on coronary circulation and blood carboxyhemoglobin levels: comparison with cigarette smoking. *Eur Heart J* 2013;34 (Abstract Supplement):13.

21. **Farsalinos KE**, Romagna G, Voudris V. Authors miss the opportunity to discuss important public health implications. *J Chromatogr A* 2013;1312:155-156.
22. **Konstantinos E. Farsalinos**, Giorgio Romagna, Elena Alliffranchini, Elena Bocchietto, Stefano Todeschi, Dimitris Tsiapras, Stamatis Kyrzopoulos, Vassilis Voudris. Comparison of the Cytotoxic Potential of Cigarette Smoke and Electronic Cigarette Vapour Extract on Cultured Myocardial Cells. *Int J Environm Res Public Health* 2013;10:5146-5162.
23. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, A. Spyrou, C. Stefopoulos, G. Romagna, K. Tsimopoulou, M. Tsakalou, V. Voudris. Effects of electronic cigarette use on the elastic properties of the ascending aorta in healthy subjects: comparison with the effects of tobacco cigarettes. *Eur Heart J Cardiovasc Imaging Abstracts Supplement* 2013;14(Supplement 2):ii203.
24. Unlu S, **Farsalinos K**, Amelot K, Daraban A, Ciarka A, Delcroix M, Voigt JU. Apical traction as a sign of right ventricular dysfunction. *Eur Heart J Cardiovasc Imaging Abstracts Supplement* 2013;14(Supplement 2):ii123.
25. **K. Farsalinos**, A. Daraban, S. Unlu, P. Pellikka, P. Lancellotti, J. Thomas, L. Badano, J-U. Voigt. Variability in global longitudinal

strain measurements between different vendors: where do we stand? The EACVI-ASE InterVendor Comparison Study. Eur Heart J Cardiovasc Imaging Abstracts Supplement 2013;14(Supplement 2):ii173

26. **K. Farsalinos**, G. Romagna, D. Tsiapras, S. Kyrzopoulos, A. Spyrou, V. Voudris. Impact of flavours variability on electronic cigarette use experience: an internet survey. Int J Environ Res Public Health 2013 Dec 17;10(12):7272-7282.
27. **K. Farsalinos**, R. Polosa. Safety evaluation and risk assessment of electronic cigarettes as tobacco cigarettes substitutes: is there smoke without fire? Ther Adv Drug Safety 2014;5:67-86.
28. **K. Farsalinos**, A. Spyrou, K. Tsimopoulou, C. Stefopoulos, G. Romagna, V. Voudris. Nicotine absorption from electronic cigarette use: comparison between first and new-generation devices. Sci Rep 2014 Feb 26;4:4133.
29. **K. Farsalinos**, V. Voudris. It is preferable for surgical patients to use e-cigarettes rather than smoke cigarettes. BMJ 2014; 348:g1961.
30. **K. Farsalinos**, Voudris V. E-cigarette use and indoor air quality: Methodological limitations: Response to W. Schober et al.'s "Use of

electronic cigarettes (e-cigarettes) impairs indoor air quality and increases FeNO levels of e-cigarette consumers". *Int J Hyg Environ Health*. 2014 Mar 3. pii: S1438-4639(14)00013-3.

31. **K. Farsalinos**, G Stimson. Is there any legal and scientific basis for classifying electronic cigarettes as medications? *Int J Drug Policy*. 2014 Mar 22. pii: S0955-3959(14)00064-4. doi: 10.1016/j.drugpo.2014.03.003.
32. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, M. Savvopoulou, V. Voudris. Acute effects of using an electronic nicotine-delivery device (electronic cigarette) on left ventricular myocardial function: comparison with the effects of regular cigarettes. *BMC Cardiovasc Dis* 2014;14:78.
33. **K. Farsalinos**, G. Romagna, D. Tsiapras, S. Kyrzopoulos, V. Voudris. Characteristics, perceived side effects and benefits of electronic cigarette use: a worldwide survey of more than 19,000 consumers. *Int J Environ Res Public Health*. 2014;11(4):4356-4373.
34. **K. Farsalinos**, Romagna G, Voudris V. Cytotoxicity of cinnamon-flavored electronic cigarette refills: Are the results truly applicable to electronic cigarette use? *Toxicol In Vitro*. 2014 Apr 26;28(5):1016-1017.

35. **K. Farsalinos**, Romagna G, Le Houezec J. Comment on E-Cigarettes and Cardiovascular Risk: Beyond Science and Mysticism. *Semin Thromb Hemost*. 2014 May 6.
36. **K. Farsalinos**, K. Kistler, G. Gillman, C. Stefopoulos, A. Spyrou, V. Voudris. Evaluation of electronic cigarette liquids and vapour for the presence of selected inhalation toxins. *Global Forum on Nicotine 2014*, Warsaw-Poland.
37. **K. Farsalinos**, A. Spyrou, C. Stefopoulos, K. Tsimopoulou, V. Voudris. Nicotine absorption from electronic cigarette use: comparison between experienced consumers (vapers) and naïve users (smokers). *Global Forum on Nicotine 2014*, Warsaw-Poland.
38. **Farsalinos KE**, Stimson GV. Asking the wrong questions about e-cigarettes? A response to Stan Shatenstein. *Int J Drug Policy*. 2014 Aug 12.
39. **K. Farsalinos**, K. Kistler, G. Gillman, V. Voudris. Evaluation of electronic cigarette liquids and aerosol for the presence of selected inhalation toxins. *Nicotine & Tobacco Research 2014*, September 1.
40. S. Unlu, **K. Farsalinos**, K. Amelot, AM. Daraban, A. Ciarka, M. Delcroix, JU. Voigt. Apical traction: a motion pattern associated with

outcome in patients with pulmonary hypertension. European Society of Cardiology Annual Congress, 2014.

41. **K. Farsalinos**, AM. Daraban, S. Unlu, P. Pellikka, P. Lancellotti, J. Thomas, L. Badano, JU. Voigt. Variability in global longitudinal strain measurements between different vendors: Where do we stand? The EACVI-ASE-Inter-Vendor Comparison Study. European Society of Cardiology Annual Congress, 2014.
42. **K. Farsalinos**, D. Tsiapras, S. Kyrzopoulos, A. Spyrou, C. Stefopoulos, K. Tsimopoulou, V. Voudris. Effects of electronic cigarette use on arterial elasticity compared to cigarette smoking. European Society of Cardiology Annual Congress, 2014 (moderated poster).
43. McNeill A, Etter JF, **Farsalinos K**, Hajek P, le Houezec J, McRobbie H. A critique of a WHO-commissioned report and associated article on electronic cigarettes. *Addiction*. 2014 Sep 5.
44. **Farsalinos KE**, Polosa R. Youth tobacco use and electronic cigarettes. *JAMA Pediatr*. 2014 Aug;168(8):775.
45. **Farsalinos KE**, Stimson GV. Asking the wrong questions about e-cigarettes? A response to Stan Shatenstein. *Int J Drug Policy*. 2014 Nov;25(6):1149-50.

46. **Farsalinos KE**, Voudris V, Le Houezec J. Risks of attempting to regulate nicotine flux in electronic cigarettes. *Nicotine Tob Res.* 2015 Feb;17(2):163-4.
47. **Farsalinos KE**, Kistler KA, Gillman G, Voudris V. Why we consider the NIOSH-proposed safety limits for diacetyl and acetyl propionyl appropriate in the risk assessment of electronic cigarette liquid use: a response to Hubbs et al. *Nicotine Tob Res.* 2015 Jan 12.
48. **Farsalinos KE**, Romagna G, Voudris V. Factors associated with dual use of tobacco and electronic cigarettes: A case control study. *Int J Drug Policy.* 2015 Jan 19.
49. **Farsalinos KE**, Gillman IG, Melvin MS, Paolantonio AR, Gardow WJ, Humphries KE, Brown SE, Poulas K, Voudris V. Nicotine levels and presence of selected tobacco-derived toxins in tobacco flavoured electronic cigarette refill liquids. *Int J Environ Res Public Health.* 2015 Mar 24;12(4):3439-52.
50. Vincent Varlet, **Konstantinos Farsalinos**, Marc Augsburger, Aurélien Thomas, Jean-François Etter. Toxicity assessment of refill liquids for electronic cigarettes. *Int J Environ Res Public Health.* 2015 Apr 30;12(5):4796-815. doi: 10.3390/ijerph120504796.
51. **Farsalinos KE**, Poulas K, Voudris V. E-cigarettes generate high levels of aldehydes only in “dry puff” conditions. *Addiction.* 2015 Aug;110(8):1352-6. doi: 10.1111/add.12942.

52. Unlu S, **Farsalinos K**, Ameloot K, Daraban AM, Ciarka A, Delcroix M, Voigt JU. Apical traction: a novel visual echocardiographic parameter to predict survival in patients with pulmonary hypertension. *Eur Heart J Cardiovasc Imaging*. 2016 Feb;17(2):177-83. doi: 10.1093/ehjci/jev131.
53. **Farsalinos KE**, Spyrou A, Stefopoulos C, Tsimopoulou K, Kourkouveli P, Tsiapras D, Kyrzopoulos S, Poulas K, Voudris V. Nicotine absorption from electronic cigarette use: comparison between experienced consumers (vapers) and naïve users (smokers). *Sci Rep*. 2015 Jun 17;5:11269.
54. **Farsalinos KE**, Daraban AM, Ünü S, Thomas JD, Badano LP, Voigt JU. Head-to-Head Comparison of Global Longitudinal Strain Measurements among Nine Different Vendors: The EACVI/ASE Inter-Vendor Comparison Study. *J Am Soc Echocardiogr*. 2015 Oct;28(10):1171-1181.
55. **Farsalinos KE**, Gillman G, Poulas K, Voudris V. Tobacco-Specific Nitrosamines in Electronic Cigarettes: Comparison between Liquid and Aerosol Levels. *Int J Environ Res Public Health*. 2015 Jul 31;12(8):9046-53.
56. **Farsalinos KE**, Spyrou A, Stefopoulos C, Tsimopoulou K, Kourkouveli P, Tsiapras D, Kyrzopoulos S, Poulas K, Voudris V. Corrigendum: Nicotine absorption from electronic cigarette use:

comparison between experienced consumers (vapers) and naïve users (smokers). *Sci Rep*. 2015 Sep 4;5:13506.

57. Bates CD, **Farsalinos KE**. Research letter on e-cigarette cancer risk was so misleading it should be retracted. *Addiction*. 2015 Oct;110(10):1686-7.
58. Bates CD, **Farsalinos KE**. E-cigarettes need to be tested for safety under realistic conditions. *Addiction*. 2015 Oct;110(10):1688-9.
59. **Farsalinos K**, Voudris V, Poulas K. Response to Shihadeh et al. (2015): E-cigarettes generate high levels of aldehydes only in 'dry puff' conditions. *Addiction*. 2015 Nov;110(11):1862-4.
60. **Farsalinos KE**, Le Houezec J. Regulation in the face of uncertainty: the evidence on electronic nicotine delivery systems (e-cigarettes). *Risk Manag Healthc Policy*. 2015 Sep 29;8:157-67.
61. **Farsalinos K**, Cibella F, Caponnetto P, Campagna D, Morjaria JB, Battaglia E, Caruso M, Russo C, Polosa R. Effect of continuous smoking reduction and abstinence on blood pressure and heart rate in smokers switching to electronic cigarettes. *Intern Emerg Med*. 2016 Jan 9.
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implications. *Addiction*. 2016 Jun;111(6):1069-76. doi: 10.1111/add.13299.

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64. Moysidou A, **Farsalinos KE**, Voudris V, Merakou K, Kourea K, Barbouni A. Knowledge and Perceptions about Nicotine, Nicotine Replacement Therapies and Electronic Cigarettes among Healthcare Professionals in Greece. *Int J Environ Res Public Health*. 2016 May 20;13(5).
65. **Farsalinos KE**, Baeyens F. Harmful effects from one puff of shisha-pen vapor: methodological and interpretational problems in the risk assessment analysis. *Tob Induc Dis*. 2016 Jul 7;14:22.
66. **Farsalinos KE**, Le Houezec J. Electronic cigarette experimentation in the Malaysian city of Kuantan: Was there an association with the smoking status? *J Pharm Bioallied Sci*. 2016 Oct-Dec;8(4):347-348.
67. **Farsalinos KE**, Poulas K, Voudris V, Le Houezec J. Electronic cigarette use in the European Union: analysis of a representative sample of 27 460 Europeans from 28 countries. *Addiction*. 2016 Nov;111(11):2032-2040.

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69. **Farsalinos K**, Gillman G, Kistler K, Yannovits N. Comment on "Flavoring Compounds Dominate Toxic Aldehyde Production during E Cigarette Vaping". *Environ Sci Technol*. 2017 Feb 21;51(4):2491-2492.
70. **Farsalinos KE**, Poulas K, Voudris V, Le Houezec J. E-cigarette use in the European Union: millions of smokers claim e-cigarettes helped them quit. *Addiction*. 2017 Mar;112(3):545-546.
71. **Farsalinos KE**, Poulas K, Voudris V, Le Houezec J. Prevalence and correlates of current daily use of electronic cigarettes in the European Union: analysis of the 2014 Eurobarometer survey. *Intern Emerg Med*. 2017 Mar 4.
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73. **Farsalinos KE**, Yannovits N, Sarri T, Voudris V, Poulas K. Nicotine delivery to the aerosol of a heat-not-burn tobacco product: comparison with a tobacco cigarette and e-cigarettes. *Nicotine Tob Res*. 2017 Jun 16. doi: 10.1093/ntr/ntx138.

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75. Polosa R, Russell C, Nitzkin J, **Farsalinos KE**. A critique of the US Surgeon General's conclusions regarding e-cigarette use among youth and young adults in the United States of America. *Harm Reduct J.* 2017 Sep 6;14(1):61. doi: 10.1186/s12954-017-0187-5.
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78. **Farsalinos K**, Kistler KA, Gillman G. Letter to the Editor: The effects of electronic cigarette aerosol exposure on inflammation and lung function in mice. *Am J Physiol Lung Cell Mol Physiol.* 2017 Nov 1;313(5):L968-L969. doi: 10.1152/ajplung.00423.2017.

79. **Farsalinos K.** Electronic cigarettes: an aid in smoking cessation, or a new health hazard? *Ther Adv Respir Dis.* 2017 Dec 1;1753465817744960. doi: 10.1177/1753465817744960.
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- analysis of a representative sample of 13 057 Europeans from 28 countries. *Tob Control*. 2020 Feb 3:tobaccocontrol-2019-055190. doi: 10.1136/tobaccocontrol-2019-055190.
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108. **Farsalinos KE**. Acute vs. chronic effects of e-cigarettes on vascular function. *Eur Heart J*. 2020 Apr 14;41(15):1525. doi: 10.1093/eurheartj/ehaa073.
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110. **Farsalinos K**, Niaura R, Le Houezec J, Barbouni A, Tsatsakis A, Kouretas D, Vantarakis A, Poulas K. Editorial: Nicotine and SARS-CoV-2: COVID-19 may be a disease of the nicotinic cholinergic system. *Toxicol Rep*. 2020 Apr 30. doi: 10.1016/j.toxrep.2020.04.012.
111. **Farsalinos K**, Barbouni A, Niaura R. Systematic review of the prevalence of current smoking among hospitalized COVID-19 patients in China: could nicotine be a therapeutic option? *Intern Emerg Med*. 2020 May 9:1-8. doi: 10.1007/s11739-020-02355-7.
112. **Farsalinos K**, Abrams D, Niaura R. Can the Association Between Electronic-Cigarette Use and Stroke Be Interpreted as Risk of Stroke? *Am J Prev Med*. 2020 Jun;58(6):895-896. doi: 10.1016/j.amepre.2020.01.020.

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114. **Farsalinos K**, Barbouni A, Niaura R. Changes from 2017 to 2018 in e-cigarette use and in ever marijuana use with e-cigarettes among US adolescents: analysis of the National Youth Tobacco Survey. *Addiction*. 2020 Jun 13. doi: 10.1111/add.15162.
115. Poulas K, **Farsalinos K**, Zanidis C. Activation of TLR7 and Innate Immunity as an Efficient Method Against COVID-19 Pandemic: Imiquimod as a Potential Therapy. *Front Immunol*. 2020 Jun 11;11:1373. doi: 10.3389/fimmu.2020.01373.
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118. **Farsalinos K**, Eliopoulos E, Leonidas DD, Papadopoulos GE, Tzartos S, Poulas K. Nicotinic Cholinergic System and COVID-19: In Silico Identification of an Interaction between SARS-CoV-2 and Nicotinic Receptors with Potential Therapeutic Targeting Implications. *Int J Mol Sci*. 2020 Aug 13;21(16):5807. doi: 10.3390/ijms21165807.

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120. Mantzoukas S, Kalyvas N, Ntoukas A, Lagogiannis I, **Farsalinos K**, Eliopoulos PA, Poulas K. Combined Toxicity of Cannabidiol Oil with Three Bio-Pesticides against Adults of *Sitophilus Zeamais*, *Rhyzopertha Dominica*, *Prostephanus Truncatus* and *Trogoderma Granarium*. *Int J Environ Res Public Health.* 2020 Sep 13;17(18):6664. doi: 10.3390/ijerph17186664.
121. **Farsalinos K**, Barbouni A, Niaura R. Systematic review of the prevalence of current smoking among hospitalized COVID-19 patients in China: could nicotine be a therapeutic option? Reply. *Intern Emerg Med.* 2020 Sep 21:1–2. doi: 10.1007/s11739-020-02457-2.

Books

1. Lead author and handling editor for the book **Analytical Assessment of e-Cigarettes: From Contents to Chemical and Particle Exposure Profiles**. Elsevier, ISBN: 9780128112410.
2. Author of the book chapter titled “Verwendung von E-Zigaretten in der EU: Ergebnisse aus der Eurobarometer-Umfrage” (Electronic cigarette use in the European Union: evidence from the Eurobarometer survey) for the book “Die E-Zigarette. Geschichte – Gebrauch – Kontroversen. 2016. ISBM. 978-3-943787-62-7.

Conference speaker/presenter

1. **Konstantinos Farsalinos.** Survival from cardiac arrest in a specialized tertiary center. Invited speaker in annual congress of Hellenic Nurses' Association, 2010.
2. **Konstantinos Farsalinos.** Coronary artery aneurysms: case presentation and review. Invited speaker in International Echocardiography Symposium of Onassis Cardiac Surgery Center, 2010.
3. **Konstantinos Farsalinos.** Study of myocardial viability with the use of contrast echocardiography. Invited speaker in annual seminars of Working Groups of Greek Cardiological Society, 2011.
4. **Konstantinos Farsalinos.** Estimation of tricuspid valve disease severity: how often do we need this in clinical practice? Invited speaker in EUROECHO 2012, Athens-Greece.
5. **Konstantinos Farsalinos.** Tissue Doppler Imaging: its value in today's clinical practice. Invited speaker, Annual Seminars of the Greek Society of Cardiology, February 2013.

6. **Konstantinos Farsalinos.** Safety of electronic cigarettes: research needed. Invited speaker at TMA 98th Annual Meeting and Conference, Williamsbourg-Virginia, May 15, 2013.
7. **Konstantinos Farsalinos.** Current research on safety of electronic cigarettes. Invited speaker at TMA 98th Annual Meeting and Conference, Williamsbourg-Virginia, May 17, 2013.
8. **Konstantinos Farsalinos.** Do electronic cigarettes pose health risks to users? Invited speaker at E-Cigarette Summit 2013, London-UK, November 12, 2013.
9. **Konstantinos Farsalinos.** The Tobacco Health Revolution: potential health impacts and benefits of e-cigarettes. Invited speaker at E-Cigarette Europe conference, London-UK, December 4, 2013.
10. **Konstantinos Farsalinos.** Safety/risk assessment of electronic cigarettes. (Invited speaker at 1st international exhibition of electronic cigarette and vapology, Bordeaux-France, March 13-15, 2014.
11. **Konstantinos Farsalinos.** Flavorings in e-cigarettes: balance between variability and safety. Invited speaker at SFATA 2014 Spring Conference and Meeting, Chicago-USA, May 5, 2014.

12. **Konstantinos Farsalinos.** Safety/risk profile of electronic cigarettes. Invited speaker at TMA 99th Annual Meeting and Conference, Williamsbourg-USA, May 19-22, 2014.
13. **Konstantinos Farsalinos.** Gaps in nicotine science. Invited speaker at 1st Global Forum on Nicotine Conference, Warsaw-Poland, June 27-28, 2014.
14. **Konstantinos Farsalinos.** Regulatory challenges for e-cigarettes. Invited speaker at 1st Global Forum on Nicotine Conference, Warsaw-Poland, June 27-28, 2014.
15. **Konstantinos Farsalinos.** Nicotine delivery from e-cigarettes and e-liquids & vapour toxicity. Invited speaker at SRNT Europe 2014 Annual Conference, Santiago De Compostella-Spain, September 18-20, 2014.
16. **Konstantinos Farsalinos.** Mitral regurgitation: resting or dynamic data to decide for surgery? Invited speaker at the 15th International Symposium on Echocardiography, October 3-4, 2014, Athens, Greece.
17. **Konstantinos Farsalinos.** Flavorings in e-cigarette liquids: demand, variability and safety. Invited speaker at E-cigarette London Industry Conference, November 2014.

18. **Konstantinos Farsalinos.** Clinical studies evaluating the effects of electronic cigarette. Invited speaker at the 1st FDA workshop on e-cigarettes, December 2014.
19. **Konstantinos Farsalinos.** Overview on e-cigarette use and safety. Invited speaker at the National School of Public Health, Athens, Greece, January 2015.
20. **Konstantinos Farsalinos.** E-cigarette use topography. Variation among users in realistic conditions, changes according to power levels, association with nicotine absorption. Invited speaker at the 2nd FDA workshop on e-cigarettes, March 2015.
21. **Konstantinos Farsalinos.** Electronic cigarettes: how these products are being used by early adopters of the technology. Invited speaker at the 16th World Conference on Tobacco or Health, WHO, Abu Dhabi, 17-21 March 2015.
22. **Konstantinos Farsalinos.** Safety evaluation of electronic cigarettes and what needs to be done. Invited speaker at the 2nd E-cigarette Forum, Shenzhen-China, April 2015.
23. **Konstantinos Farsalinos.** Pitfalls in e-cigarette research methodology, presentation and interpretation: lessons from the

current literature. Invited speaker at 2nd Global Forum on Nicotine Conference, Warsaw-Poland, June 5-6, 2015.

24. **Konstantinos Farsalinos.** From first to fourth generation products and beyond. Invited speaker at 2nd Global Forum on Nicotine Conference, Warsaw-Poland, June 5-6, 2015.
25. **Konstantinos Farsalinos.** Safety/risk assessment of electronic cigarettes. Invited speaker at the 16th Ukrainian National Congress of Cardiology, Kiev Ukraine, September 2015.
26. **Konstantinos Farsalinos.** E-cigarette use in Europe and France. Invited speaker at VAPEXPO 2015, Paris, September 2015.
27. **Konstantinos Farsalinos.** Safety/risk assessment of electronic cigarettes. Invited speaker at VAPEXPO Russia, Moscow, September 2015.
28. **Konstantinos Farsalinos.** Funding for tobacco harm reduction research and conflicts of interest. Invited speaker at GTNF 2015, Bologna Italy, September 2015.
29. **Konstantinos Farsalinos.** Physical Harm of nicotine compared to cigarette smoke. Invited speaker at the 21st annual Duke Nicotine Research Conference, Duke University, October 8 2015.

30. **Konstantinos Farsalinos.** Epidemiology of e-cigarette use and concomitant use with other tobacco products. Invited speaker at American Heart Association Scientific Sessions 2015, Orlando USA, November 7-11, 2015.
31. **Konstantinos Farsalinos.** Evidence on e-cigarette safety and patterns of use: research misconceptions and e-cigarette use in Europe. Invited speaker at the E-cigarette Summit, London UK, November 12, 2015.
32. **Konstantinos Farsalinos.** Latest science on e-cigarettes. Invited speaker at the Harm Reduction in Asia Conference, Hong Kong, December 2015.
33. **Konstantinos Farsalinos.** Evidence on electronic cigarette safety for users and bystanders. Invited speaker at the 40th conference of the Association for Respiratory Technology and Physiology, London UK, January 13-15, 2016.
34. **Konstantinos Farsalinos.** Role of e-Cigarettes in Harm-Reduction. Invited speaker at the 40th Annual Winter Meeting of the Toxicology Forum, Washington DC, USA, February 08-10, 2016.

35. **Konstantinos Farsalinos.** Safety and toxicology of e-cigarettes. Invited speaker at 3rd Global Forum on Nicotine Conference GFN, Warsaw-Poland, June 17-18, 2016.
36. **Konstantinos Farsalinos.** Update on e-cigarette safety/risk profile: evaluation of recent literature. Invited speaker at 3rd Global Forum on Nicotine Conference GFN, Warsaw-Poland, June 17-18, 2016.
37. **Konstantinos Farsalinos.** Austerity and harm reduction. (Invited speaker at City Health 2016 conference, London, UK, September 19, 2016).
38. **Konstantinos Farsalinos.** Absolute risk from e-vapour products for users and bystanders. Invited speaker at the E-cigarette Summit, London UK, November 17, 2016.
39. **Konstantinos Farsalinos.** How to select good information from misinformation on the risk/benefit balance of e-cigarette? Invited speaker at the E-CIG 2016 Conference, La Rochelle, France, December 02, 2016.
40. **Konstantinos Farsalinos.** E-Cigarette Safety & Risk Profile – Methodology and clinical relevance. Invited speaker at the E-Cigarette Summit USA 2017, Washington DC-USA, May 08, 2017.

41. **Konstantinos Farsalinos.** Toxicant exposure: a comparison between e-cigarettes and heat not burn technology. Invited speaker at 4rd Global Forum on Nicotine Conference GFN, Warsaw-Poland, June 2017.
42. **Konstantinos Farsalinos.** Plenary Panel Discussion III: What is sound science? Invited speaker and panelist at the Global Tobacco and Nicotine Forum, New York-USA, September 12-14, 2017.
43. **Konstantinos Farsalinos.** Heat Not Burn products and their benefits and risks. Invited speaker and panelist at the 48th Union World Conference on Lung Health, Guadalajara-Mexico, October 11-14, 2017.
44. **Konstantinos Farsalinos.** Cardiovascular effects of nicotine vs. cigarette smoke. Invited speaker at the E-cigarette Summit, London UK, November 2017.
45. **Konstantinos Farsalinos.** Tobacco harm reduction products: latest data on safety, population use in Greece. Invited speaker at the Panhellenic Public Health Conference, Athens-Greece, March 2018.
46. **Konstantinos Farsalinos.** Panel Debate: Rethinking Nicotine: Where to next? Invited speaker at 5rd Global Forum on Nicotine Conference GFN, Warsaw-Poland, June 2018.

47. **Konstantinos Farsalinos.** Update on safety of electronic cigarettes. Invited speaker at the 18th annual SRNT Europe Conference, Munich, Germany, September 2018.
48. **Konstantinos Farsalinos.** Unanswered questions in tobacco harm reduction research. Invited speaker at the GTNF 2018 Conference, London-UK, September 2018.
49. **Konstantinos Farsalinos.** Tobacco Harm Reduction: Communication of the science and the role of the media. Invited speaker at the THR Summit Spain 2018, Barcelona-Spain, September 2018.
50. **Konstantinos Farsalinos.** Tobacco harm reduction products: research on safety and population effects. Invited speaker at the 1st Seminar on Harm Reduction, New Delhi-India, September 2018.
51. **Konstantinos Farsalinos.** New data regarding use of e-cigarettes (adults and teenagers). Invited speaker at the Seminar on Harm Reduction, Kiev-Ukraine, November 2018.
52. **Konstantinos Farsalinos.** New data regarding use of e-cigarettes (adults and teenagers). Invited speaker at the E-Cigarette Summit 2018, London-UK, November 2018.

53. **Konstantinos Farsalinos.** Global evidence on e-cigarettes and tobacco harm reduction. Invited speaker, 2nd Harm Reduction Seminar, New Delhi, India, March 2019.
54. **Konstantinos Farsalinos.** Changes from 2017-18 in e-cigarette use and ever marijuana use in e-cigarettes according to smoking status and frequency of use among US adolescents: analysis of the 2017 and 2018 NYTS. Invited speaker, 2nd Harm Reduction Seminar, New Delhi, India, March 2019.
55. **Konstantinos Farsalinos.** E-cigarettes as a tobacco harm reduction and smoking cessation tool. Invited speaker at the 1st Philippine Harm Reduction Forum, Manila-Romania, May 2019.
56. **Konstantinos Farsalinos.** Impact of Tobacco on Cardiac Health and the Emerging Research on Tobacco Harm Reduction. Invited speaker at the Philippine Heart Association (PHA)/Asia Pacific Society of Cardiologist (APSC) Convention, Manila-Philippines, May 2019.
57. **Konstantinos Farsalinos.** Changes from 2017-18 in e-cigarette use and ever marijuana use in e-cigarettes according to smoking status and frequency of use among US adolescents: analysis of the 2017

and 2018 NYTS. Invited speaker at 6th Global Forum on Nicotine Conference GFN, Warsaw-Poland, June 2019.

58. **Konstantinos Farsalinos.** E-cigarettes as a tobacco harm reduction and smoking cessation tool. Invited speaker at Harm Reduction Summit, Bucharest-Romania, June 2019.
59. **Konstantinos Farsalinos.** Global state of Harm Reduction. Invited speaker, 3nd Asian Harm Reduction Forum, Seoul, South Korea, August 2019.
60. **Konstantinos Farsalinos.** New data on safety of e-cigarettes. Invited speaker, 3rd Asian Harm Reduction Forum, Seoul, South Korea, 9th annual SRNT Europe conference, Oslo, Norway, 12-14 September 2019.
61. **Konstantinos Farsalinos.** The global tobacco harm reduction and e-cigarette controversy. Invited speaker at GTNF 2019, Washington DC-USA, September 2019.
62. **Konstantinos Farsalinos.** Vaping and cardiovascular health. Invited speaker at E-Cigarette Summit 2019, London-UK, November 14, 2019.

63. **Konstantinos Farsalinos.** Evidence on e-cigarettes and recommended regulatory actions. Invited speaker at the Congress of the Philippines, Manila-Philippines, December 10, 2019.
64. **Konstantinos Farsalinos.** E-cigarette safety: global trends and future. Invited speaker at the 2019 International Electronic Cigarette Conference, Shenzhen-China, December 18, 2019.
65. **Konstantinos Farsalinos.** How “alternative” are alternative to smoking products? Invited speaker at Oncological Questions that Need Answers conference, Athens-Greece, January 31, 2020.
66. **Konstantinos Farsalinos.** Electronic cigarettes & tobacco control: an opportunity or a disaster? Invited speaker at Nicotine Regulation in Mexico forum, Mexico City-Mexico, February 20, 2020.
67. **Konstantinos Farsalinos.** Smoking cessation in relation to oral cancer risk reduction. Invited speaker at PCOMS 43rd National Conference on Oral and Maxillofacial Surgery, Manila-Philippines, February 21, 2020.
68. **Konstantinos Farsalinos.** Unforeseen circumstances: nicotine, COVID-19 and the ACE2 receptor. Invited speaker at Global Forum on Nicotine (GFN) 2020 (online), June 11, 2020.

69. **Konstantinos Farsalinos.** Nicotine-containing tobacco harm reduction products: an opportunity or a disaster? Invited speaker at Nicotine, harm reduction and public policies webinar, Bogota, Colombia, July 30, 2020.
70. **Konstantinos Farsalinos.** Evaluating the harm reduction claims of vaping. Invited speaker at Webinar on Vaping and Harm Reduction, South Africa, August 12, 2020.
71. **Konstantinos Farsalinos.** Nicotine and COVID-19: a possible, unexpected link? Invited speaker for a keynote presentation at SRNT-Europe annual conference, September 18, 2020.
72. **Konstantinos Farsalinos & Konstantinos Poulas.** COVID-19 and nicotinic cholinergic system: an interaction which affects Public Health. Invited speaker at the 3rd No Smoke Summit, September 24-25, 2020.
73. **Konstantinos Farsalinos.** Update on e-cigarettes publications: Safety and effects on smokers, non-smokers and youth. Invited speaker at the 3rd No Smoke Summit, September 24-25, 2020.
74. **Konstantinos Farsalinos.** Bioethics: Smokers right on credible information. Invited panel chair at the 3rd No Smoke Summit, September 24-25, 2020.

75. **Konstantinos Farsalinos.** Tobacco Harm reduction. Invited speaker at the 7th International Conference on Prehypertension, Hypertension, Metabolic Disorders and Cardiovascular Disease, November 20-22, 2020.
76. **Konstantinos Farsalinos.** Tobacco Harm reduction. Invited panel chair at the 7th International Conference on Prehypertension, Hypertension, Metabolic Disorders and Cardiovascular Disease, November 20-22, 2020.

Other scientific activities

- **Principle investigator** in a joint project of European Association of Cardiovascular Imaging and American Society of Echocardiography to develop standards of myocardial deformation measurements for all manufacturers of echocardiographic machines. The protocol is performed at the Medical Imaging Research Center, University Hospital Gathuisberg, Leuven-Belgium.
- **Reviewer** for research proposals submitted for funding to Cancer Research UK, Heart Research UK and French Institute for Cancer Research.
- **Reviewer** in the following medical journals:
 1. Addiction

2. American Journal of Preventive Medicine
3. Annual Research & Review in Biology
4. Archives of Industrial Hygiene and Toxicology
5. Archives of Toxicology
6. BMC Cardiovascular Disorders
7. BMC Public Health
8. British Medical Journal (BMJ)
9. British Medical Journal Open
10. British Journal of Medical Research
11. Dentistry
12. Drug and Alcohol Dependence
13. Edorium Journal of Public Health
14. Environmental Research
15. European Journal of Neurology
16. European Neuropsychopharmacology
17. Food and Chemical Toxicology
18. Health Policy
19. International Journal of Drug Policy
20. International Journal of Environmental Research and
Public Health

21. International Journal of Health Policy and Management
22. International Journal of Public Health
23. Journal of Child & Adolescent Substance Abuse
24. New England Journal of Medicine
25. Nicotine & Tobacco Research
26. Life Sciences
27. Lung India
28. Pharmaceutical Research
29. PLoS One
30. Progress in Health Sciences
31. Psychopharmacology
32. Scientific Reports
33. Substance Abuse
34. Tobacco Control
35. Tobacco Induced Diseases
36. Toxicology Reports
37. Western Journal of Nursing Research

- **Guest editor** of two special issues on electronic cigarettes in International Journal of Environmental Research and Public Health (2014 and 2018).
- **Guest editor** of a special issue on the health impact of electronic cigarettes and heated tobacco systems in Internal and Emergency Medicine (2019).
- Guest editor of a special issue about the current knowledge of e-cigarettes and heated tobacco products in Toxics (2019).
- Guest editor of a special issue about the current knowledge of e-cigarettes and heated tobacco products in Toxicology Reports.
- **Editorial Board Member** in the journal BMC Public Health (Health behavior and health promotion).
- Testified as an expert (by submitting an official report) to the Court of the 2nd and 3rd district of Budapest-Hungary, concerning the scientific basis for classifying electronic cigarettes as medications.

- Meeting with the US Food and Drug Administration Center of Tobacco Products, to present studies on electronic cigarettes (December 2013).
- Invited as a panelist in a public workshop on electronic cigarettes organized by the US Food and Drug Administration Center of Tobacco Products (December 2014).
- Meeting with the US Food and Drug Administration Center of Tobacco Products, to present studies on electronic cigarettes (December 2014).
- Invited as a presenter and panelist by the Food and Drug Administration in a public workshop on electronic cigarettes (March 9-10, 2015).
- Member of the scientific and program advisory committee, 1st, 2nd, 3rd, 4th, 5th and 6th Global Forum for Nicotine (2014-2019, Warsaw, Poland).

Languages

English (fluently)

French (Certificat de langues Francaise)

Computers

Microsoft office (Excel, Word, PowerPoint), SPSS statistical software, STATA statistical software.

Interests/hobbies

Computers, cars, motorcycles, car racing, football, music, history, travelling, photography.